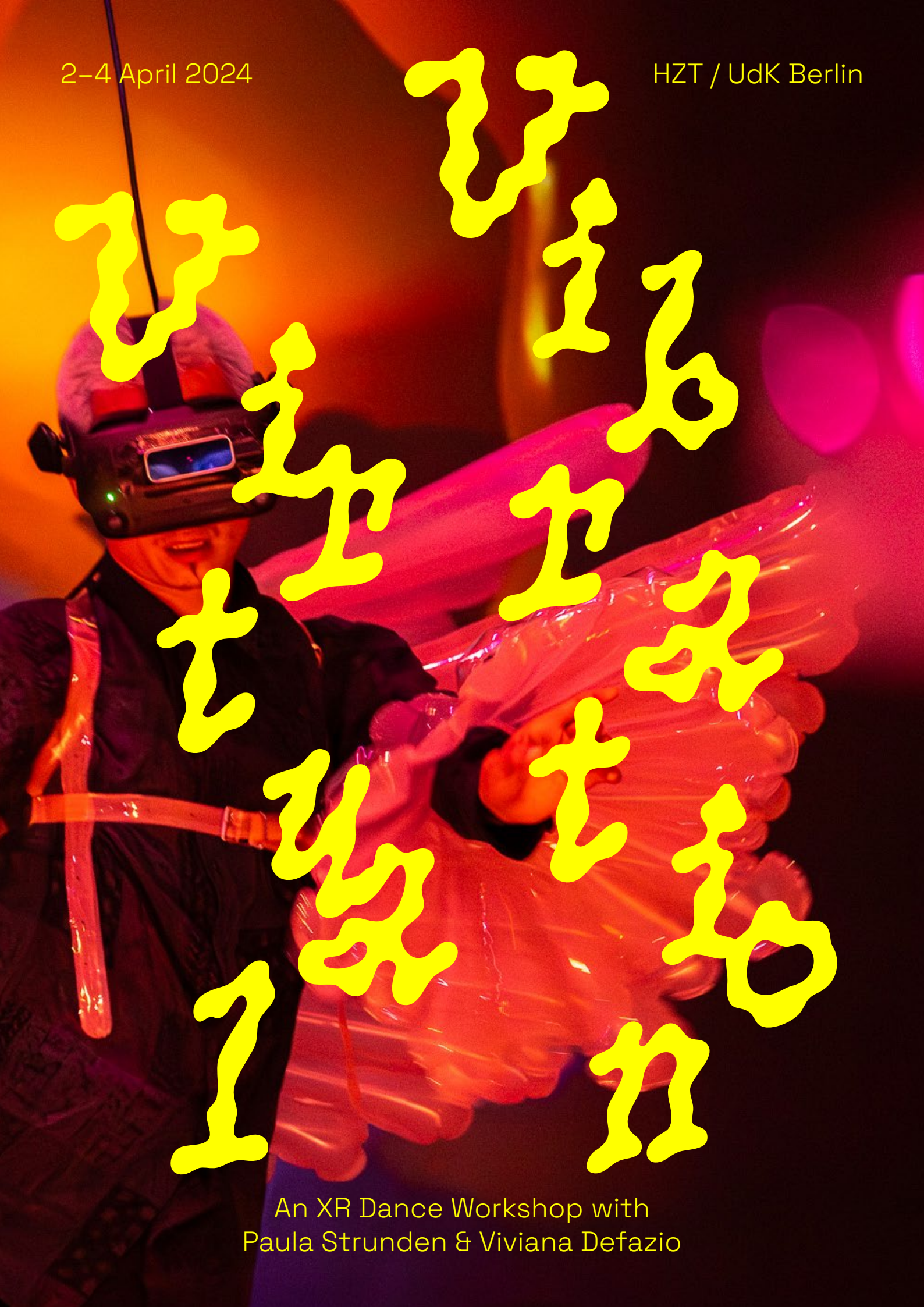


2-4 April 2024

HZT / UdK Berlin



An XR Dance Workshop with  
Paula Strunden & Viviana Defazio

YOUR NAME:

Embark on an immersive journey into the world of virtual avatars. This interdisciplinary workshop, led by Paula Strunden and Viviana Defazio, merges dance with virtual reality (VR).

In Virtual Vibrations, you'll discover the fascinating interplay of movement, sound, and extended reality (XR). Inspired by Paula's XR dance performance "Rhetorical Bodies" and Viviana's bodywork and deep listening exercises, you will create an embodied synthesizer that combines physical movements with auditory expression.

Equipped with VR headsets and software like Gravity Sketch and Adobe Mixamo, you will blend free movement and dance with drawing in VR and full-body tracking exercises. Over three days of interactive sessions, Virtual Vibrations invites you to rediscover the boundaries of your body and challenge your identities within XR environments.

Join us in discovering new forms of hybrid intimacy by moving your physical bodies in virtual reality, all without prior experience.

## Paula Strunden

Paula is a transdisciplinary XR artist with a background in architecture. She studied in Vienna, Paris and London and worked at Raumlabor Berlin and Herzog & de Meuron Basel. As the founder of XR Atlas, an interdisciplinary online platform, Paula advocates alternative historiographies of virtual technologies. Currently, she is pursuing her design-led PhD as part of the European research network TACK at the Academy of Fine Arts Vienna.

## Viviana Defazio

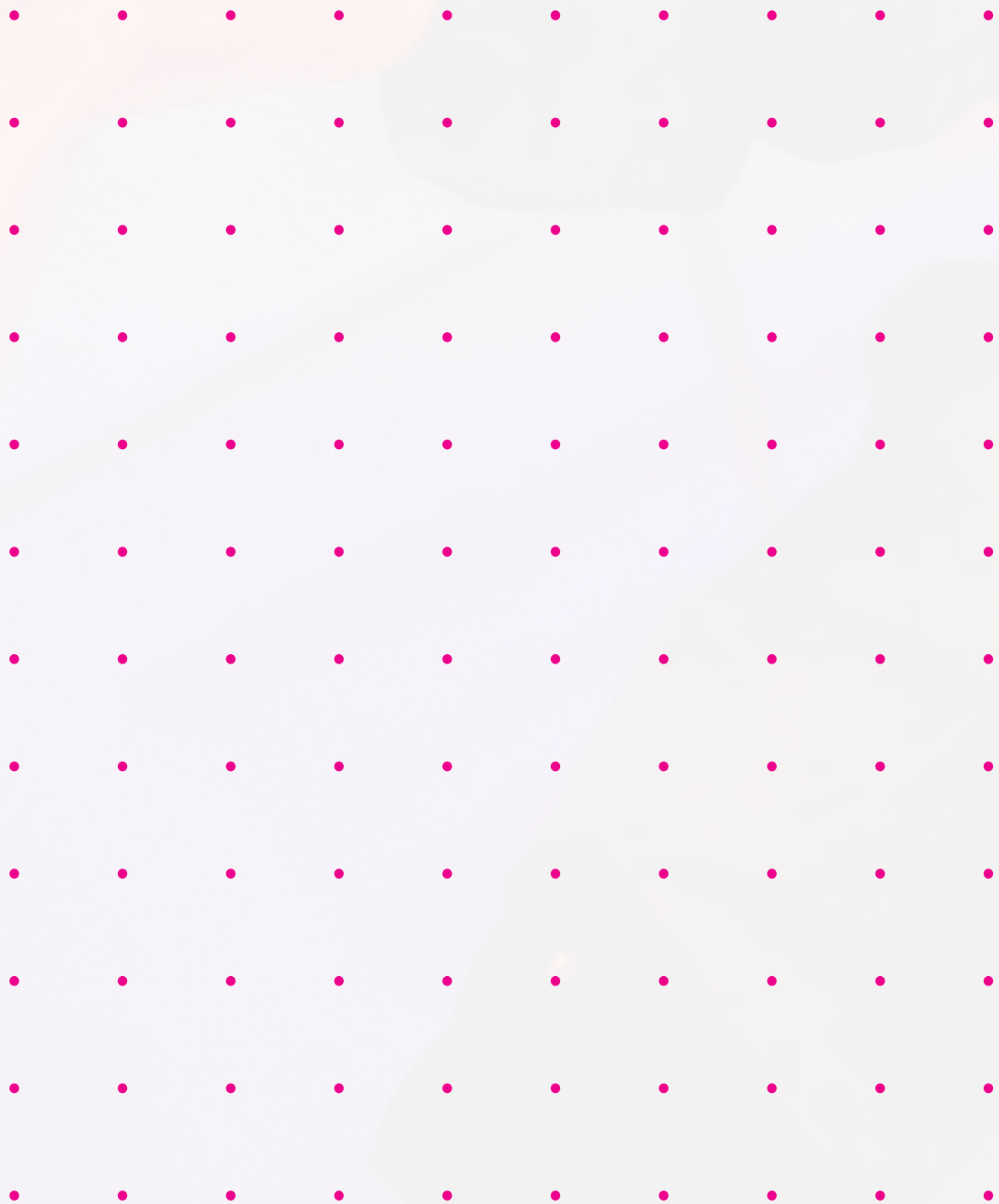
Viviana is a freelance dancer, choreographer, workshop facilitator, Shiatsu practitioner, and resides in Berlin. After completing her studies at Folkwang University, she worked and toured with Johannes Wieland, Anna Konjetzky, Romeo Castellucci, Jo Parkes, Stella Geppert, and Sasha Waltz. As a choreographer, she realizes participatory dance projects with children, teenagers, and adults, including intergenerational contexts at the Humboldt Forum, Bode Museum, and Feld-Theater in Berlin. Currently, she is working with Isabelle Schad as a dancer and co-choreographer for her piece “The Shift of Focus” and other new productions.







SKETCH If your virtual body could express your identity or the emotional space you inhabit, how would it look like?



**BODY SOUNDS** How does your body respond to different sounds? Reflect on how your movements, posture, and overall physical presence are influenced by various auditory stimuli. How could these bodily responses enhance your experience with sound? And the other way around?

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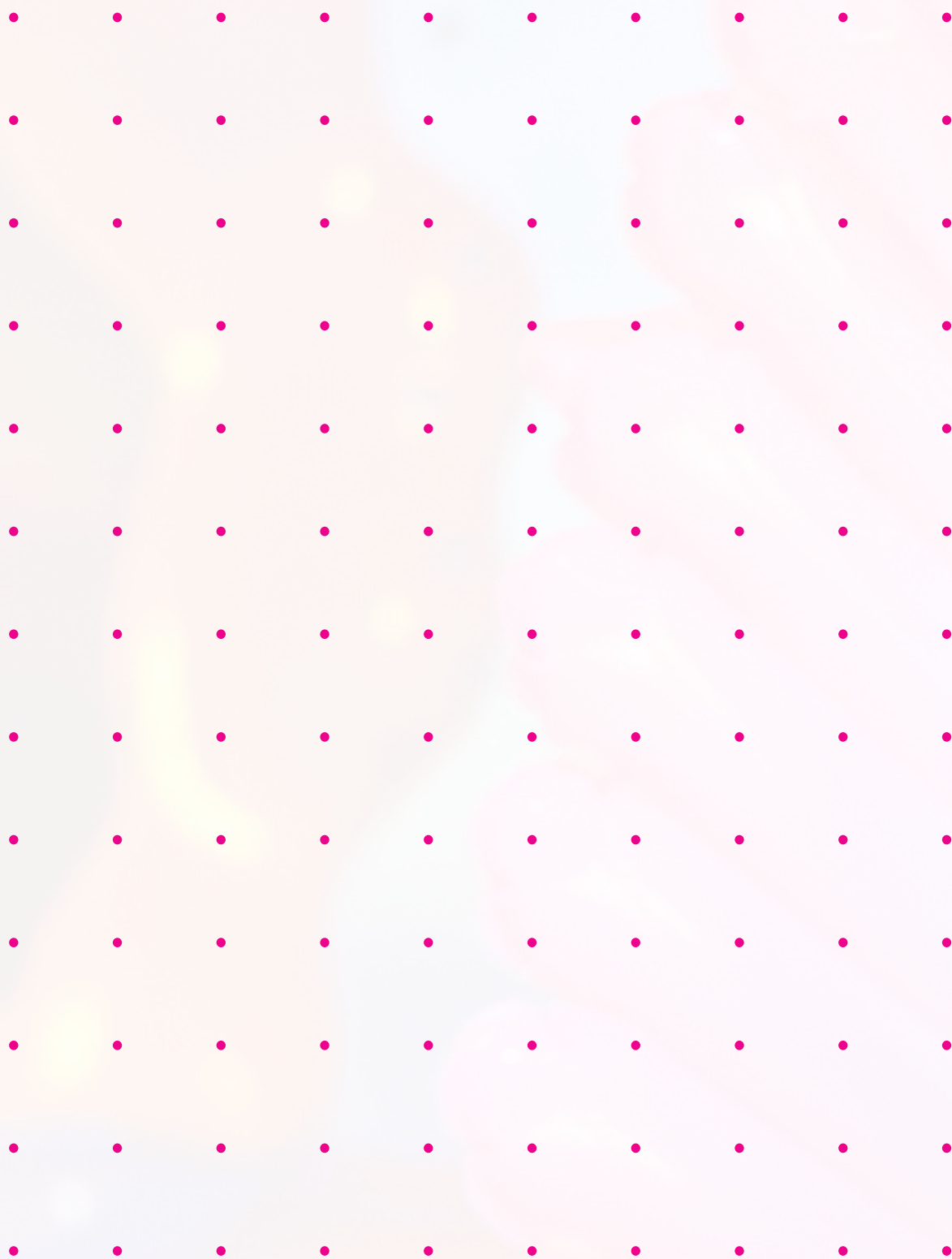
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If you associate a sound to your body or body parts, what would that be, draw or describe it here:



## NOTES

The first part of the document discusses the importance of maintaining accurate records of all transactions. It emphasizes that every sale, purchase, and transfer must be properly documented to ensure transparency and accountability. This includes recording the date, amount, and purpose of each transaction, as well as the names of the parties involved.

In addition, the document outlines the procedures for handling disputes and resolving conflicts. It states that all parties should be treated fairly and that any disagreements should be resolved through open communication and negotiation. If necessary, the document provides guidance on how to seek mediation or legal assistance to resolve the matter.

The final section of the document discusses the importance of regular audits and reviews. It notes that periodic audits can help identify any errors or discrepancies in the records and ensure that the information is up-to-date and accurate. This process is essential for maintaining the integrity of the financial data and for making informed decisions based on the information.

## NOTES

1. The first part of the document discusses the importance of maintaining accurate records of all transactions. This is essential for ensuring the integrity of the financial statements and for providing a clear audit trail. The records should be kept up-to-date and should be easily accessible to all relevant parties.

2. The second part of the document outlines the various methods used to collect and analyze data. This includes both qualitative and quantitative techniques, as well as the use of statistical software to process large amounts of information. The goal is to identify trends and patterns that can inform decision-making.

3. The third part of the document focuses on the interpretation of the results. This involves comparing the findings against the research objectives and the existing literature. It is important to consider the limitations of the study and to provide a balanced view of the evidence.

4. The final part of the document provides a summary of the key findings and offers recommendations for future research. This section should be clear and concise, highlighting the most important points and providing a clear path forward for the field.



## TAKE-A-WAY & FEEDBACK

1. The first step in the process of creating a business plan is to identify the business opportunity. This involves conducting market research to determine the size and growth potential of the market, as well as identifying the target audience and the unique value proposition of the business.
2. The second step is to develop a business model, which outlines how the business will generate revenue and sustain itself. This includes determining the pricing strategy, the distribution channels, and the cost structure.
3. The third step is to create a marketing plan, which details the strategies and tactics used to attract and retain customers. This includes identifying the target market, the marketing mix, and the budget.
4. The fourth step is to develop a financial plan, which provides a detailed overview of the business's financial performance. This includes projecting revenue, expenses, and cash flow, as well as determining the break-even point and the return on investment.
5. The fifth and final step is to write the business plan, which is a comprehensive document that summarizes all of the information gathered in the previous steps. This document is used to secure financing, attract investors, and guide the business's operations.

## TUESDAY

10-11 INTRO  
11-12 MOVE  
12-13 MOVE  
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14-15 VR DRAWING  
15-16 VR DRAWING  
16-17 WIND DOWN

## WEDNESDAY

10-11 DEEP LISTENING  
11-12 BODY TRACKING  
12-13 BODY TRACKING  
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14-15 SOUND & MOVE  
15-16 SOUND & MOVE  
16-17 WIND DOWN

## THURSDAY

10-11 COMPILE  
11-12 COMPILE  
12-13 COMPILE  
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14-15 DOCUMENT  
15-16 REFLECT  
16-17 PRESENT

4 April 2024

HZT / UdK Berlin

come...

dance

with

us!

Universität der Künste Berlin

Universität der Künste Berlin



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Innovation in der  
Hochschullehre



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@Uferstudios #3 / 4PM

UdK  
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